

Essex Cricket



Development of Youth Cricket

Overview - Dan Feist,

<https://www.essexcricket.org.uk/2020/04/07/youth-participation-update/>

The Key Principles of Development – Barry Hyam Academy Director

Building the environment – Anthony Mcgrath



Essex Cricket



Youth Cricket in Essex

Youth Participation Group

Made up of representatives
of the following

5 Regional Cricket
Participation Group (Districts)
(Havering Youth League)

Essex Schools Cricket
Association

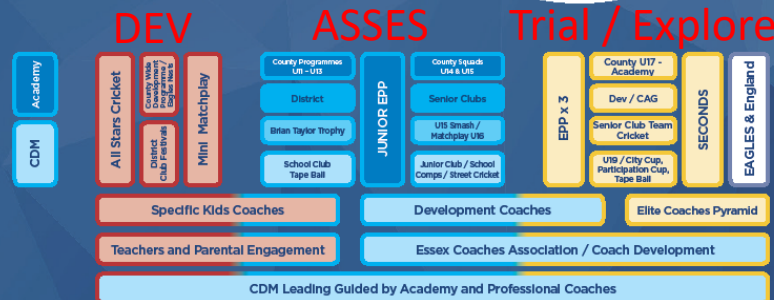
Pathway Boys & Girls

Coach Ed

2 Directors
Colin Perkins & Jason Gallian

Essex Cricket

THE EAGLES NEST



Age and Type	Size of Pitch	Size of Boundary	Suggested Format
Under 9 Soft Ball	15 Yards	25 - 30 Metres	Pairs 6-a-side, 12 Overs
Primary Dev U10 / U9 Hard Ball	16 Yards	30 - 35 Metres	Pairs 8-a-side, 12 / 16 Overs
Under 11 Soft Ball	17 Yards	35 Metres	Pairs 8-a-side, 12 / 16 Overs
Under 11 Hard Ball	17 Yards	40 Metres	Pairs 8 / 10-a-side, 16 / 20 Overs
Under 12 Hard Ball	19 Yards	40 Metres	9 / 11-a-side
Under 13	19 Yards	45 - 50 Metres	11-a-side
Under 14	Girls: 20 Yards / Boys: 21 Yards	45 - 50 Metres	11-a-side
Under 15	Girls: 20 Yards / Boys: 22 Yards	50 - 60 Metres	11-a-side
Under 17	22 Yards	55 - 60 Metres	11-a-side



Excite.Engage.Enhance.



WOWHYDRATE™

Essex Cricket



Insight

Loughborough University & ECB

Study was conducted at U10 & U11 age groups for club and County representative players



Bowling Outcomes

15% Increase in playable deliveries

A shorter pitch also enabled:

- More accurate bowling
- Safer technique
- Improved bowling experience

Batting Outcomes

56% Increase in shots played straight and on the offside. Batters were able to score in more zones.



Increase in running between the wickets

ECB Junior playing reform 2017 / 18



Essex Cricket



Encourage healthy competition – John Tauer, Men's Head Basketball Coach at the University of St Thomas, Minnesota says:

"Competition can be healthy when it provides feedback to kids about their performance and improvement, when winning is not the sole or primary objective, and when kids get to learn about themselves under challenging situations."

Essex Cricket

THE ESSEX WAY

STAY ABOVE THE LINE

ESSEX WAY - DNA FIELDING

The Perfect Game. Aim to challenge the batting team with every ball. To work as a team and to enjoy the fielding aspect of cricket. This will always take into consideration the state of the game, the environment and the pre-determined game plan.

POSITIVE AND ATHLETIC FIELDING	INTELLIGENT CHALLENGING BOWLING	MASTER A VARIETY OF GAME TACTICAL ROLES
OXYGEN 5 - 11 YEAR OLDS		
Fast, agile, athletic individuals	Be able to bowl a consistent length	Enjoy the challenge of fielding and find ways to solve problems in the game
FUEL 12 - 15		
Athletic movement, cover wide areas and strong catching	Consistent line and length with addition of variety	Be able to read the longer game plan, understand the team's and your own role
IGNITION 15+		
Strong throw built into strong animal instincts	Read game situations and be able to bowl to the game situation	Understand the game situation and create the Perfect Game

ESSEX WAY - DNA BATTING

The Perfect Game. Aim to read the game situation to hit from a strong base to create constant scoring options that put the fielding team under pressure. This will always take into consideration the state of the game, the environment and the pre-determined game plan.

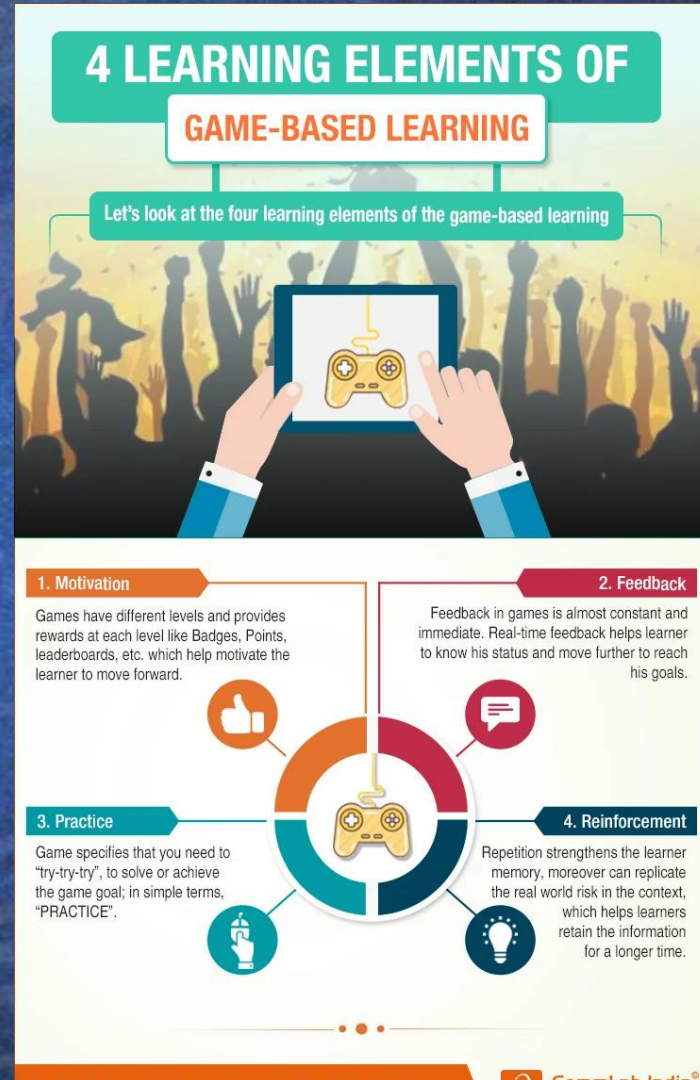
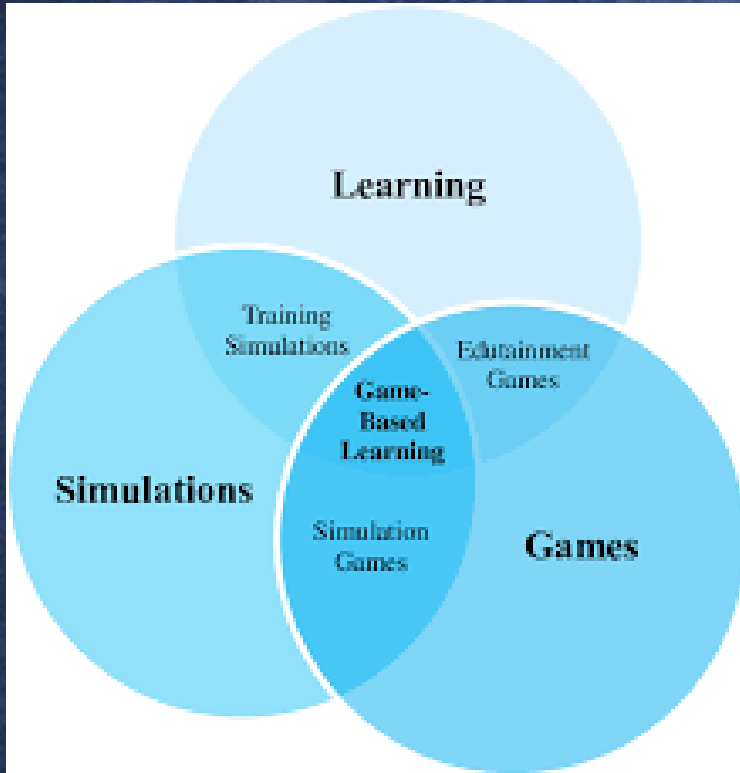
STRONG BASES TO HIT FROM	FIND A WAY TO SCORE RUNS, PUTTING THE FIELDERS UNDER PRESSURE	MASTER A VARIETY OF DIFFERENT WAYS TO POST AND CHASE TOTALS
OXYGEN 5 - 11 YEAR OLDS		
Developing a strong set position	Enjoy the feeling of scoring boundaries and runs	Play lots of games with opportunities to bat and reflect on setting and defending small sided games lots of gaps
FUEL 12 - 15		
Creating a strong based to hit from	Continue to build the confidence to understand between boundaries and running between wickets	Constantly being put in situations with challenges of individual and team to build and chase totals the perfect game
IGNITION 15+		
Create strong bases in a variety of forms, using the crease to create opportunities	Work as a team and pair to read each game to work on bowlers and fielders	Develop the individual role in the perfect game, every ball is a scoring opportunity



Essex Cricket



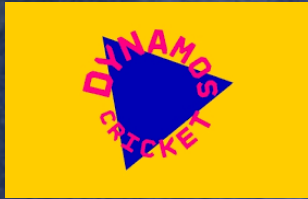
Games Based Learning



Essex Cricket



Youth Cricket Overview



Essex Cricket



Youth Cricket Examples

Not only in our usual session, but now is a time to be creative too,

Whole

Bring the whole club together for virtual session
Upminster Cricket Club



Part

Develop small challenges and specific skills to develop
Mario Catch
NCL – Sajid Patel



Whole

Develop some competitions against other clubs
Capital Kids Cricket

WEEK 2

CKC CLUB CHALLENGE-2
AVERAGE LEADERBOARD

CLUB	LOCATION	TARGET	SCORE	WICKETS	WICKETS	WICKETS	WICKETS	WICKETS	WICKETS	TOTAL
1. BARKING	LONDON	06.00	9.00	67.40	10.33	104.20	206.33			
2. UWSH / CIS	SINGAPORE	8.74	9.95	101.74	23.50	53.00	106.83			
3. CUDAR CC	BEIRUT	11.24	10.04	74.81	24.81	52.63	173.52			
4. NORTH MIDDLESEX	LONDON	7.42	7.43	71.75	23.32	44.67	159.57			
5. CALIFORNIA CRICKET A	CUPERTINO	7.38	8.08	68.58	17.60	41.38	143.02			
6. STOKES NEWINGTON	LONDON	7.31	6.56	61.00	28.00	34.82	137.69			
7. SOUTH LOUGHTON	LONDON	8.33	7.15	51.17	24.27	40.13	131.05			
8. BATLEY CC	LEEDS	8.13	8.10	21.47	6.29	9.73	65.71			
9. LEYTON WICKETS	LONDON	4.00	8.00	0.00	0.00	36.50	048.50			
10. BANCROFT LIONS	LONDON	5.22	5.22	0.00	0.00	0.00	010.44			

WICKETS

capital kids cricket

capital kids cricket

capital kids cricket

ckc.london



Essex Cricket



Barry Hyam - Academy Director

Anthony McGrath – Head Coach

ESSEX SQUAD

RYAN TEN DOESCHATE (C) HARWICH
BEN ALLISON BRENTWOOD
AARON BEARD CHELMSFORD
RAVI BOPARA FRENFORD
NICK BROWNE SOUTH WOODFORD
VARUN CHOPRA ILFORD
ALASTAIR COOK MALDON
SAM COOK CHELMSFORD
SIMON HARMER NELSON MANDELA MET. UNI
DAN LAWRENCE CHINGFORD
ARON NIJJAR WANSTEAD & SNARESBROOK
RISHI PATEL POTTER'S BAR
JAMIE PORTER CHINGFORD
TOM WESTLEY MILDENHALL
ADAM WHEATER WOODFORD WELLS

 
SOMERSET
v **ESSEX**
23 - 26 SEPTEMBER
THE COOPER ASSOCIATES COUNTY GROUND
10:30AM

CLUB & COUNTY
#ENGAGE



WOWHYDRATE™



Graham Gooch Essex Cricket Academy

Identifying and developing the next generation



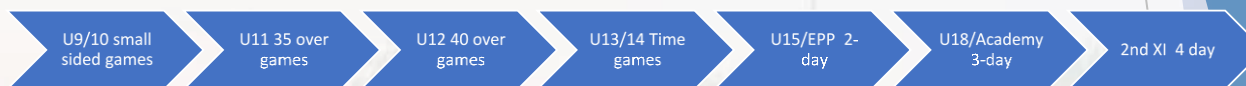


- ▶ Identify and develop cricketers that are equipped to perform for Essex CCC and England
- ▶ Develop the most skillful, tactically astute, athletic and mentally robust players that are strong enough to cope with the demands and pressures of professional cricket
- ▶ To develop players who become highly skilled match winners that put the team first.
- ▶ To provide a high level of support to allow players to move into other career options if cricket is not the path they choose, not everyone will become professional cricketers

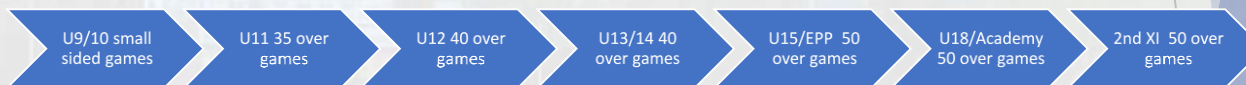
OBJECTIVES



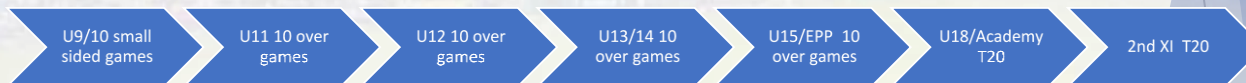
Multi-day matches



50 over matches



T20/100ball



COMPETITION STRATEGY



- ▶ The Key Principles document has been designed to offer a reference point of what we are looking for in players to progress towards professional cricket. It outlines all disciplines as well as what character traits, physicality, and personal development areas we feel high potential players should be looking to aim towards.
- ▶ Character
- ▶ Physical
- ▶ Fast Bowling
- ▶ Spin Bowling
- ▶ Batting
- ▶ Fielding
- ▶ Wicket Keeping
- ▶ Personal Development

KEY PRINCIPLES



- ▶ Is a wicket-taker
- ▶ Has the potential to bowl with genuine pace
- ▶ Has exceptional control of the areas they are looking to bowl
- ▶ Generates excessive bounce
- ▶ Has the ability to consistently move the ball late through the air or off the pitch
- ▶ Is effective in three different formats

FAST BOWLING KEY PRINCIPLES



- ▶ Can we think creatively about timings and group sizes.
- ▶ More 1-2-1/small group sessions (here players can really work on individual needs)
- ▶ How players can hit, catch, bowl lots of times during the session, rather than waiting for their go
- ▶ Game scenario matches during training - to develop decision making, tactics and game awareness
- ▶ 1-2-1's to focus on technique development
- ▶ Help players understand what is needed at the next level (key principles)
- ▶ Develop a match programme specific for the age group and reflects the skills needed for both short and long formats of the game.

PLAYER DEVELOPMENT

Creating an Environment / Culture



Anthony McGrath
Head Coach



Next Up...

- Thursday 7th May at 5pm – Youth Cricket and the Player Pathway
- Monday 11th May at 8pm – Online Race Night Tutorial
- Tuesday 12th May at 12pm – Umpiring & Scoring
- Thursday 14th May at 5pm – Marketing and Commercial Activation
- Tuesday 19th May at 12pm – Coach Education

