



COVID19

Return to Individual Training

May 2020

Updated June 2020

# Introduction

This document has been put together to help Essex Cricket with the planning and delivery of the Phased return to Individual training. The document is put together to follow the guidelines of the ECB released on 14<sup>th</sup> May and 1<sup>st</sup> June 2020, it is this superseded by the GOVERNMENTS guidelines that will be followed at all times these can be seen below;

## Government Guidelines or Elite Sport

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/elite-sport-return-to-training-guidance-step-one--2>

Updated 25<sup>th</sup> May

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/elite-sport-return-to-training-guidance-stage-two>

Updated 30<sup>th</sup> May

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/elite-sport-return-to-domestic-competition-guidance>

## ECB Guidelines Documents

Return to International Cricket Behind Closed Doors: A Bio-secure Model, May 13<sup>th</sup>, 2020

Step One: Player & Coach return to Individual Training, May 13<sup>th</sup>, 2020

Get In – Train – Get Out

Emergency Care & COVID19: Additional Guidelines, May 13<sup>th</sup>, 2020

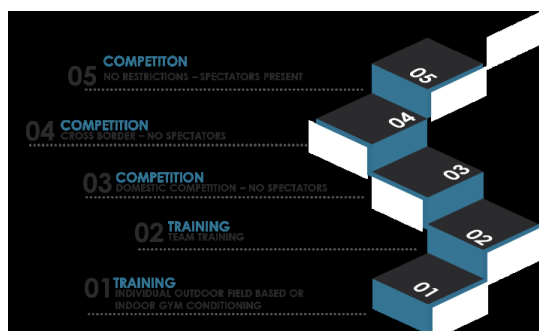
Step One: Return to Individual Facility Based Training, May 14<sup>th</sup>, 2020

Step Two: Medical Guidelines, June 1<sup>st</sup>, 2020

Step Two: Requirement for COVID-19 testing? June 1<sup>st</sup>, 2020

Step Two: Player and Coach, June 1<sup>st</sup>, 2020

The ECB have come up with the following 5 Steps to return, each step must be shown to have been gone through and successful managed before moving on to the next step.



## COVID19 Sub group and Communication plan

Covid Risk Management Sub group	
<b>Make Up</b>	<p>Derek Bowden CEO - Casting Vote - Dr Suntharalingam Kulothungan, Team Physician, Covid Medical Officer</p> <p>Anthony Mcgrath - Head Coach, Chris Clarke Irons - Head of Athlete Development Graham Childs - Stadium Director Dan Feist - Cricket Operations Director, COVID Officer</p>
<b>Purpose</b>	<p>The Covid Risk Management Sub group is the body whose primary responsibility is to monitor and ensure that the risk management and migration of COVID at the Cloud FM Ground.</p> <p>The Covid Risk Management Sub group will oversee the implementation and management of the GOV / ECB guidelines around the running a COVID training and match site.</p>
<b>Authority</b>	<p>The Covid Risk Management Sub Group has delegated authority from the EXEC and General Committee to carry out its responsibilities.</p> <p>The Sub-group is authorised to use external advisors as require to discharge its delegated responsibilities.</p> <p>The Sub - group may request or require any officer or employee of Essex Cricket and the ECB to attend its meetings as required</p>
<b>Responsibility</b>	<p>The Sub - Group through the Covid Risk Officer will make all decisions related to the implementation of a safe and secure Covid Training and Match site.</p> <p>The Sub- Group will have the responsibility of the safety of all staff on site through a return to training and match period</p>

## Communication line

<b>Players and Staff</b>	<b>SMT Line Managers</b>	<b>EXEC CEO</b>	<b>COVID Risk Man Sub Group CEO / Medical Officer and Risk Officer</b>	<b>ECB</b>	<b>GOV</b>
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# COVID19 Code of Behaviour

To support the delivery of the return to cricket plan the following Code of Conduct and Behaviour plan will be in place.

When representing Essex through this COVID period all staff, players and members will;

- Agree to follow all government guidelines around COVID19
- Will agree to follow all ECB guidelines around COVID 19
- Will undertake the ECB education programme around COVID 19,
- Will undertake and read all information before agreeing to Opt in or Opt Out.
- Will report any symptoms ASAP to the medical officer or Head of Athlete development
- Agree to report any close interaction around people with symptoms of COVID ASAP.
- Agree to follow and continue with all other Essex Cricket Code of Conduct requirements,

Who is responsible?

Self-Policing	Line Managers	COVID SUB Group	Essex Cricket EXEC	ECB Disciplinary Panel	Local Authority or Police
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Severity, Impact, Frequency, Context, History, Publicity

Possible Consequences

Staff/Player to staff Player feedback,	<ul style="list-style-type: none"> <li>- Quiet Word</li> <li>- Verbal Warning</li> <li>- Written Warning</li> </ul>	<ul style="list-style-type: none"> <li>- Sent home,</li> <li>- Fines</li> <li>- Suspension</li> </ul>	<ul style="list-style-type: none"> <li>- Fines</li> <li>- Suspensions</li> <li>- Ban</li> <li>- Contract termination</li> </ul>	<ul style="list-style-type: none"> <li>- Fines</li> <li>- Suspension</li> <li>- Ban</li> </ul>	Legal Action,
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Severity, Impact, Frequency, Context, History, Publicity

Unacceptable Behaviours

Poor Attitude, Lacking awareness to process	Forgetting to follow guidelines, small discrepancies to guidelines	Not doing the survey, Ignoring Grounds process, doesn't undertake the training	Deliberate action to enhance the risk of spread within the team, Going against Gov guidelines in a public setting. Gross Misconduct	Gross Misconduct against ECB Guidelines	Break GOV Guidelines.
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# COVID19 Officer

The COVID19 officer for Essex Cricket is Dan Feist Cricket Operations Director.

The officer is responsible for overseeing the risk assessment & ensuring that reasonable & practicable steps are taken wherever possible to reduce the risk of COVID19

# COVID19 Medical Officer

The COVID19 Medical Officer for Essex Cricket is Dr Suntharalingam Kulothungan the Clubs team physician.

The Medical Officer will be supported and work alongside Chris Clarke Irons the Clubs Head of Athlete Development. The club also links in with MEDICs 24 who are the clubs match day medical providers.

The officer should be familiar with the emergency evidence related to COVID19 & should lead on any suspected COVID19 cases or have individuals who displayed symptoms.

All cases should be managed in line with the sports COVID19 case management protocol & current movement advice.

This officer should work alongside the COVID19 officer to ensure all medical aspects of COVID19 are included in the risk assessment.

# Education of Players and Staff

A key part of the preparation around the reactivation of training and using the ground will be educating the players and the staff around the procedures and risk mitigation that has been put in place.

The ECB have produced a presentation that all players and staff will be asked to go through along with an online module. The purpose of the presentation is shown below.

## Purpose

- The COVID-19 pandemic has dramatically changed everybody's lives.
- We, within the ECB Science & Medicine team, wanted to provide some information about COVID-19 and how we can reduce the risk of transmission in cricket.
- This is intended to inform players, staff (including medical personnel) and families.
- It will be superseded by a formal E-learning module which will be published soon.
- To minimise chance of contracting COVID-19 it is important to follow the advice outlined in this presentation.
- Everything the ECB recommends is in-line with current government guidelines, but we urge you all to regularly check <https://www.gov.uk/coronavirus> and <https://www.nhs.uk/conditions/coronavirus-covid-19/> for the latest government updates.
- If you have any concerns about returning to training, please discuss this with your Line Manager, Science & Medicine Team or Human Resources Team, where appropriate.



Taking on the experience from other grounds through Phase 1 and Phase 2 the suggested process for the Education of players and Staff will be.

- All Players and Staff to be sent the ECB Presentation to read through and undertake the E learning. (End of June)
- All Players and Coaches to attend a Zoom call on the COVID mitigation plan for the ground, (Week Commencing 29<sup>th</sup> June)
- All other staff and Committee to be taken through the COVID plan for playing. (Ongoing updates)
- Before training begins all coaches and players to attend the ground for a Walk through of the process with no training taking part, (1<sup>st</sup> -3<sup>rd</sup> July)
- Coaches and COVID officer to continue to update verbally as the process through the steps is adapted. (Ongoing)

The suggested timeline to activate the Education and return to training will be as follows,

W/C 22<sup>nd</sup> June 2020, Coaches to return and plan session, education of coaches, June 29<sup>th</sup> players return, individual visit to the ground to go through education process of COVID mitigation.

W/C 29<sup>th</sup> July 2020, one to one session under phase 1 guidance for the 2 days at Chelmsford and possibility Billericay, PDR and physical assessment to take place too. Phase 2 Wed -Fri

W/C 6<sup>th</sup> July 2020, Small group phase 2 activation to continue, leading up over the weeks to small game activation and full squad sessions.

## Social Distancing

The governments guidelines around social distancing will always be adhered to .

As we move into Stage 2 and Stage 3 Social distancing plans will be put in place through education of the players and staff. Where possible social distancing measures should be applied, in training situations small groups will work a space providing plenty of opportunities to social distance.

During matches ECB guidelines will be followed around, Support Staff and players watching the game, Celebrations, group discussions and drinks breaks. The interaction with the umpire will be limited to, so that social distancing can take place as guided by the GOV and ECB for training and game environments.

Under Stage 2 the following guidance should be followed, in cricket, it is possible to train “in groups as individuals” without any close contact within two metres. Hence in the context of cricket, the Step Two stage should be viewed as a controlled and limited extension of Step One training, with the main difference being that multiple players and coaches can train at the venue at the same time provided the venue takes appropriate measures to ensure that social distancing is maintained. With regards to numbers, individual organisations must therefore risk assess the number of players and coaches they have onsite at any one time, considering their ability to maintain social distancing. It is recommended that group training

starts in smaller groups numbers e.g. 2-3 players and then progressively increases numbers to 4-12 players, before entering any larger squad training.

The following principles apply: (possible training lay out shown later in document around training)

- Training sessions must be planned to ensure that appropriate social distancing is always maintained, particularly where multiple players and staff are on site.
- Planning should be carried out locally, considering the facilities available and their layout.
- Where there are multiple nets, an 'out of use' net should be left in between active nets to maintain social distancing.
- There must not be any cricket ball sharing between individuals at any point.

## **Communications to players & coaches**

Prior to the commencement of phase one all players & coaches will be appraised of the risks & mitigating steps that are being taken due to COVID19. This training and communication will be led by the Medical officer, the COVID19 officer and Essex Cricket Stadium Operations Director.

The COVID19 medical officer will undertake an assessment of all players & coaching staff to identify any individuals who are deemed vulnerable or are in a household containing vulnerable individuals.

Any clinically extreme individuals or those living with any individuals clinically deemed extreme will not be engaging in phase one or two of training.

Each individual will have a 1:1 check in prior to the commencement of phase one to ensure their understanding of the sport specific risks & mitigations & the training site protocols being implemented.

Communications will be maintained throughout this process to ensure all players & coaches are kept up to date with any changes to procedure in phase one & how this will be developed in further phases.

## **Opt In & Opt Out**

The 1:1 Check in, is also an opportunity to ensure each individual is actively opting in to phase one & returning to training.

It will be made clear to each individual that they may 'opt out' at any time & there will be no unreasonable steps taken by any individual or the Club as a result of this.

Each player and coach will be asked to sign a Opt in form to confirm they understand the Risk mitigation and also have undertaken the ECB Education PowerPoint / presentation.

# The Potential Methods of COVID-19 transmission in Cricket Training

1. Person to person transmission
2. Transmission through contact surfaces:
  - General surfaces and touch points.
  - The cricket ball.
  - Cricket equipment.

## The Risk Mitigation Processes in Place to Reduce the Risk of Transmission

We would employ some general principles to reduce risk of transmission:

- Have a COVID-19 Officer and COVID-19 Medical Officer in place for each venue
- A full venue-specific risk assessment
- Education program to all.
- Identifying vulnerable staff.
- Medical team will be available to assist screening/testing and discussion for management of cases/issues.
- An isolation area for possible COVID-19 positive/suspected or unwell individuals.
- Management strategies for an individual who shows signs and/or symptoms of illness
- An exit strategy to return home for possible COVID-19 positive individuals.
- Protocol for staff entering and leaving the environment.

### **Person to Person Transmission**

To mitigate risk of person to person transmission the Essex Covid team would have the following methods in place:

- Symptom and contact monitoring.
- A period of quarantine for individuals from overseas.
- Solitary travel to venues.
- Daily screening (health questionnaire and temperature screening) prior to entry into the venue.
- Social distancing of at least 2 metres at all times.
- Hand hygiene points at entry to all communal areas.
- Wearing PPE as guided by current evidence and in-line with government policy.
- Contact tracing.
- Within the training environment staff and players would be restricted to specific “zoning” principles to separate individuals both geographically (by zones) and by staff groups (Functional Areas) to further reduce interactions and hence reduce the risk of cross infection.
- Any group training will be primarily outdoors.
- There will be no activities undertaken that would cause a slipstreaming effect.
- Changing rooms would not be used, players and staff should arrive in their training/work kit. Players and staff will be expected to shower at home this will be adapted to meet ECB / GOV Guidelines.
- Strict social distancing within the gym environment.



- Face coverings would be recommended in gyms.
- Only essential physiotherapy/treatments accessed.
- Physiotherapist/doctor to wear PPE as per government guidelines when administering treatment. Player would wear a face covering during treatment.
- All players and staff should have their own personal water bottle they drink from, which is easily recognised by all as theirs.

#### **Transmission Through Contact Surfaces: General Surfaces and Touch Points**

To mitigate risk of transmission through general surfaces and touch points, the Essex Covid team would have the following methods in place:

- Highest levels of hygiene throughout site.
- Coordinated cleaning program across the site including cleaning touch points.
- Hand hygiene at entry to all communal areas.

#### **Transmission Through Contact Surfaces: The Cricket Ball**

To mitigate risk of transmission through the cricket ball the Essex Covid team would have the following methods in place:

- ‘One skin on ball’ only or adapted in line with ECB/GOV Guidelines.
- Players will be given a box of cricket balls; these are theirs to use for bowling and fielding practice.
- They will be the only person to directly handle the balls and would be stored in their kit bag at the end of practice.
- Coaches will have their own box of balls for use in batting coaching sessions.
- Players and coaches will be the only people to directly handle their allocated balls and are required to put them in their kit bag at the end of practice.
- The batsman is not to handle the balls at all, however they can be kicked or hit back to the coach.
- There will not be any saliva applied to the ball.
- When using mitts, coaches should use their own mitt and the mitt should be cleaned with disinfectant or detergent wipes between bowlers/fielders.
- Wicketkeeping gloves will be cleaned with disinfectant or detergent wipes after use.

#### **Transmission Through Contact Surfaces: Cricket Equipment**

To mitigate risk of transmission through cricket equipment the Essex Covid would have the following methods in place.

- Individual cricket equipment should be brought from home with the player – there should be no sharing of cricket equipment. Cricket equipment should be fully packed away after training and taken back home with the player.
- Larger equipment such as bowling machines would be cleaned after each use.
- A deep clean will take place after each day.
- Gym equipment cleaned thoroughly after every use.

# Testing & Symptom Checks

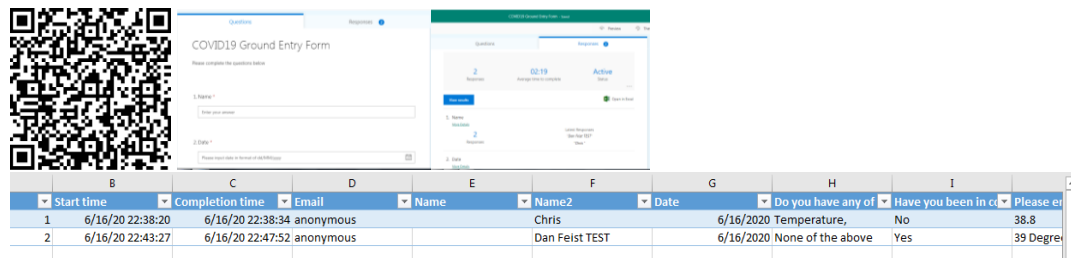
Prior to any individual entering the Inner ZONE area behind the members gate they will undertake an a symptom questionnaire if they are displaying any symptoms they must return home. This will be sent and managed by the Medical Officer and Head of Athlete Development.

All ground staff and stadium operation team will undertake the questionnaire at home if answer Yes to any question they will stay at home and report to Line Manger through to Medical Officer. IF ok then will go to the ground and undertake a temp check if over 37.5 they will then return home and again report on questionnaire and to Line Manger and Medical Officer

Link to forms

[https://forms.office.com/Pages/ResponsePage.aspx?id=VUJ75KCYOkS0E3kKPI5ayNOoYZjQ\\_C1DIU8G-XpROgxUQ1gyREpKMVBFRjRESUICSjNFQ1VQNzA5Vy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=VUJ75KCYOkS0E3kKPI5ayNOoYZjQ_C1DIU8G-XpROgxUQ1gyREpKMVBFRjRESUICSjNFQ1VQNzA5Vy4u)

The process for this will be via a QR code at the Members gate at Chelmsford and the main gate at Billericay, this will take the player or member of staff to an online form that will be stored in Teams.



	B	C	D	E	F	G	H	I	
	Start time	Completion time	Email	Name	Name2	Date	Do you have any of	Have you been in c	Please e
1	6/16/20 22:38:20	6/16/20 22:38:34	anonymous	Chris		6/16/2020	Temperature,	No	38.8
2	6/16/20 22:43:27	6/16/20 22:47:52	anonymous	Dan Feist TEST		6/16/2020	None of the above	Yes	39 Degree

We currently have 2 Thermometer and we expect the ECB to send another 2 to assist this process. We will then look to source for all inner zone staff for regular checks

Draft questionnaire shown below we will adapt this for our own questions and also the likely process will be via a APP for players and a separate version for staff possible use of Survey Monkey or the club website.

**Appendix 2**  
Questions for a Health Questionnaire Daily COVID-19 clinical assessment form

Date: \_\_\_\_\_

Surname:	Gender: <input type="checkbox"/> M <input type="checkbox"/> F
Forename:	DOB:
Job Title:	Department:
Site:	Division:
Email:	Contact no:
Manager Name:	Contact No:

**ONLY ANSWER ON THE FIRST OCCASION YOU ATTEND TRAINING**

Have you felt unwell at all in the last 7 days?	Yes	No	Date of onset
Have any member of your household had symptoms in the last 14 days?			
Have you been in contact with anyone who has tested positive for COVID-19 in the last 14 days?			

Do you feel ill or unwell today?	Yes	No	Date of onset
Do you have a household contact who is ill or unwell today?			
Is your temperature above 37.5C today? (This is applicable during individual and Small Group training when you will take your temperature yourself)			

**If you answer "Yes" to any of questions, the individual MUST isolate at home, or your hotel room, and contact your Team Doctor / Physiotherapist, Line manager and / or Venue Medical manager (where appropriate).**

**If you answer "No" to these questions, the individual can go to the Cricket ground and, work, train or play.**

**A doctor or suitably qualified Occupational Health Professional MUST review the individual's case.**

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Version 3.2 14 May 2020 - subject to change

Upon arrival at the site each individual's temperature will be taken, the person undertaking the check will have the advised PPE cover for undertaking this. If this is not within the required realms, they will not be permitted entry to the ground. As well as the temperature the player and coach will also be asked the following questions. This will be stored in a secure location and on the Cricket Squad app page, these will be stored according to GDPR guidance too.

1) Do you have any of the following signs or symptoms today or in the last 7 days.

- Temperature,
- Cough
- Sore throat
- General ache
- Feeling generally unwell
- Loss of smell
- Loss of sense of taste
- Chills, headache
- Vomiting
- Diarrhoea

2) Have you been in contact with anyone either with confirmed COVID19 or suspected of having COVID19 in the last 2 weeks?

If this is the case, then BOX 1 of the hospitality boxes will be identified and used as an isolation area for any individual.

As well as the above a player leading up to returning will also be asked to follow the below guidelines set out by the COVID Medical Officer

<p><b>Just viral complications - information for players returning to training after COVID 19</b> Essex County Cricket</p> <p>As the lockdown is being eased and elite sport is <a href="#">beginning</a> to resume, most of you might start sport specific training in the coming weeks. Most of you would have been performing your own exercise programs to keep fit during the pandemic.</p> <p>The evidence shows that a significant proportion of people who contract Corona virus show very mild or no symptoms at all. Hence there might be some athletes who might not be aware that they contracted the virus.</p> <p><b>Disclaimer:</b> It is important to be aware of some potential complications of COVID 19 which have been listed below. Being aware of the common symptoms could help identify the potential complications and help the medical team help you with the appropriate treatment and recovery and prevent serious <a href="#">long-term</a> issues.</p> <p>You should inform the club's medical team if you have experienced or start to experience any of the following symptoms while at rest or during exercise.</p> <ol style="list-style-type: none"> <li>1. <b>Fatigue</b> - increased tiredness</li> <li>2. Getting out of <b>breath</b> more quickly than before while performing similar exercise</li> <li>3. <b>Palpitations</b> - a sense of the heart beating faster or irregular while at rest or during exercise</li> <li>4. <b>Chest pain</b></li> <li>5. Generalised muscle and joint ache</li> <li>6. Distress</li> <li>7. Difficulty with concentration or memory</li> </ol>	<p>More specifically there are 3 common conditions which can result after contracting a viral infection:</p> <ol style="list-style-type: none"> <li>1. <b>Post viral fatigue</b>: New onset of excessive tiredness</li> <li>2. <b>Viral myocarditis</b>: Myocarditis is an inflammation of the heart muscle. It can also affect the heart's electrical system, resulting in abnormal heart rhythms.</li> <li>3. <b>Viral encephalitis</b>: Inflammation of the brain.</li> </ol> <p><b>Common symptoms with post viral fatigue</b></p> <ul style="list-style-type: none"> <li>• Fatigue</li> <li>• difficulty with sleeping             <ul style="list-style-type: none"> <li>• insomnia (lack of adequate sleep)</li> <li>• hypersomnia-excessive sleepiness</li> <li>• poor quality of sleep-awakening sleep,</li> <li>• disturbed sleep</li> </ul> </li> <li>• generalised muscle and/or joint pain</li> <li>• headaches</li> <li>• palpitations (single nodes (singly))</li> <li>• sore throat</li> <li>• cognitive dysfunction (difficulty to think and concentrate, poor short-term memory, difficulties with word finding, planning/organising thoughts and information processing)</li> <li>• physical or mental exertion makes symptoms worse</li> <li>• general malaise or "flu-like" symptoms</li> <li>• distress and/or nausea</li> <li>• palpitations</li> </ul>	<p><b>Common symptoms in myocarditis</b></p> <ul style="list-style-type: none"> <li>• Chest pain</li> <li>• Rapid or abnormal heart <a href="#">beats</a> (palpitations)</li> <li>• Shortness of breath especially during physical activity</li> <li>• Fluid retention with swelling of the legs, ankles and feet</li> <li>• Fatigue</li> <li>• Headache, body aches, joint pain, fever, a sore throat or diarrhoea</li> </ul> <p><b>Common symptoms of Encephalitis</b></p> <ul style="list-style-type: none"> <li>• Confusion</li> <li>• Agitation</li> <li>• Hallucinations (seeing or hearing things that are not real)</li> <li>• Seizures</li> <li>• Loss of sensation or paralysis in certain areas of the face or body</li> <li>• Muscle weakness</li> <li>• Problems with speech or hearing</li> <li>• Loss of consciousness (including coma)</li> </ul> <p>If you have any concerns you must speak with the club doctor or physiotherapist.</p> <p>Dr S. Kalishungan Team Physician Essex County Cricket Club</p>
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## Individuals develop symptoms at the Ground

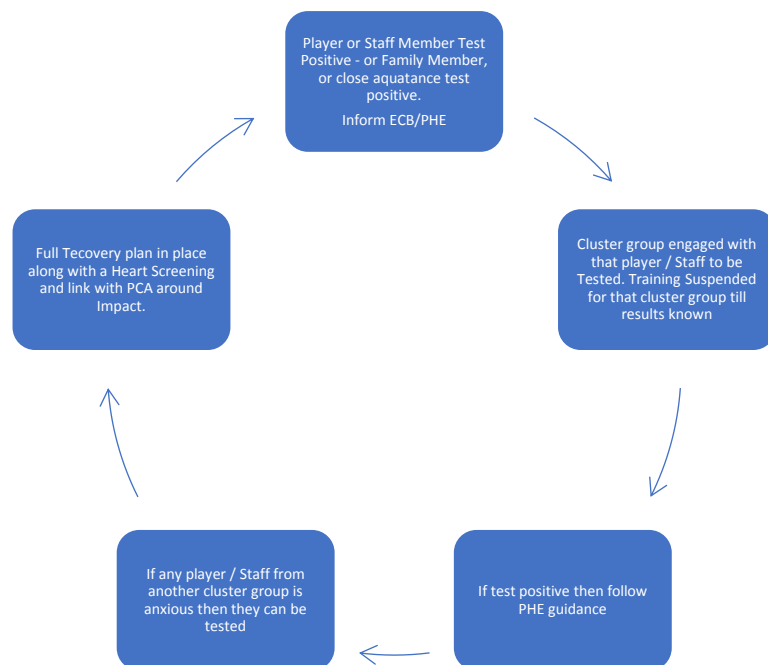
If any individual develops symptoms whilst in a training session the individual will be immediately placed in isolation, this will be in BOX 1 of the hospitality boxes, walking around to the front of the boxes for entry. PHE guidelines will be followed & the COVID10 Medical Officer will be informed.

# Individuals returning to training following COVID19 symptoms or confirmed case

An individual returning to training who has displayed symptoms or had a confirmed case of COVID19 will do so under the direction of the COVID19 medical officer who will be following the most up to date NHS & government advice, alongside the Home Counties Institute of Sport (HCS) graduated return to training protocol.

## Positive Test

Below is the outline process if a positive test was to take place in the training or matchday environment.



ESSEX PH PROCEDURE

**OFFICIAL**

Dear Dr Kulothungan

Thanks for your query. As per guidance, all symptomatic players should be immediately isolated and tested either via online portal OR call 119 / 111. If any of your player or staff has been identified as close contacts of a positive case, they should follow the self-isolation advice (i.e. 14 days). NHS Test

& Trace will contact them if they are identified by a positive case as close contacts as part of contact tracing and provide public health advice including self-isolation.

All positive COVID-19 cases should be reported to PHE either by [phe.eohpt@nhs.net](mailto:phe.eohpt@nhs.net) (for Personal Identifiable Information i.e. PII) OR [FOE.CRC@phe.gov.uk](mailto:FOE.CRC@phe.gov.uk) (without PII) OR by telephone 03003038537.

PHE / LA Public health team will liaise with you, collect more information if needed, risk assess the situation and provide public health advice accordingly. If the situation needs screening of all or certain staff i.e. outbreak etc., we will arrange testing and provide further advice based on the risk assessment to manage the situation.

In the mean time, please ensure all events / staff strictly adhere social distancing, hand washing and other relevant COVID-19 guidance for your setting.

Thank you

Kind regards  
Ravi

Dr Ravi Balakrishnan  
Consultant in Health Protection  
Public Health England

## Personal Protection Equipment (PPE)

All staff on site will be provided with the appropriate PPE for the undertaking of their role. We will set up PPE stations at key points around the Inner Zone including in areas close to the coaches on the outfield and in the indoor centre.

Official guidance on PPE can be found here; <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control/covid-19-personal-protective-equipment-ppe>

If PPE cannot be provided the individual will not be permitted to undertake their role.

The following PPE will be provided by the England & Wales Cricket Board (ECB) as a starter kit we will then need to top up, it is thought the starter kit would support us for approximately 1 to 2 weeks.

- 2 x non-contact forehead thermometers
- 4 x spectacles/goggles (for physio/s and c – they are reusable and can be wiped down easily)
- 1 box of Type IIR face masks (for physio/s and c – these are sessional use)
- 1 x 100 box of aprons (single patient use only)
- 1 x box of M and 1 x box of L gloves (single patient use only)
- 2 x clinell wipes (for your physio/clinical space)
- 6 x alcohol hand gels at 500mls/bottle ( $\geq 70\%$  alcohol content)
- 2 boxes of Type 3 face masks (for players/coaches)

Below is an assessment of who will require what PPE

Job Role	Type 2R mask	3 Ply Mask	Gloves	Gown
Medical Officer	Yes	Yes	Yes	Yes
Physiotherapist	Yes	Yes	Yes	Yes
Coach	No	Yes	Yes	No
S&C Coach	No	Yes	Yes	No
Ground Staff	No	No	Yes	No
Other Staff	No	No	Yes	No

## Disposal of Personal Protection Equipment (PPE)

Following the end of session and between any change over of PPE, all equipment should be disposed of in the following manor.

Anything used in the Isolation by the Medical officer clinical space, will need to be disposed of in a clinical bin.

Any other PPE used from such facilities as- s and c room, There is no need for this to be double bagged unless someone is symptomatic (which they shouldn't be coming in anyway) then it can go into a Clinical bin to be removed after 3 days.

## Equipment – Medical

Working with the Medical Officer and the Head of Athlete Development all equipment specific to the needs of the treatment and support of players will be sourced, tape will be allocated to each training player and coach if required depending on the process request by the Medical Officer.

All equipment will be tested prior to the start of any training session to ensure it is fit for purpose.

All equipment will be appropriately cleaned pre and post training and between any player.

The Physio area will be set up ideally with good ventilation, with a backup of the CEO Office if weather interrupts.

A deep clean of the area will be provided before and after each session.

## Equipment - Cricket

All equipment will be tested prior to the start of any training season to ensure it is fit for purpose.

All equipment will be appropriately cleaned pre & post training sessions using anti-bacterial wipes.

Any equipment specific to an individual will be provided to them & only used by them.

## Staffing Levels

The Club will ensure the appropriate number of staff are available to facilitate the training being undertaken & ensure the risk of COVID19 is mitigated wherever possible.

If there are insufficient numbers of staff available, the training session will be adapted or reduced to ensure there are sufficient levels. Alternatively, the session will not take place.

This decision will be taken between the SUB Group with the Medical or the COVID19 Officer making the final decision.

## Capacity Levels

In line with the government's smart controls we will look to reduce social contact by redesigning the working environment of the playing department.

All areas in use will be measured & appropriately taped & signed to ensure unidirectional movements are used whenever possible & social distancing rules are adhered to.

From behind the Members Gate all the way round to the Hays close entrance will be a Closed off Secure area with only access allowed too, The Riverside gate will remain closed too.

Essential staff allowed into the Inner Zone during Training,

- Players
- Coaches (Including ECB Staff)
- Ground Staff
- Stadium Operational Staff
- Medical Officer and Medics
- Covid Officer

For games held under Covid Restrictions then also allowed into the Inner Zone will be

- ECB Staff,
- ECB Officials, (including Scorer)
- Production teams,
- Minimal Media
- Minimum ECCC staff (Media Manager)

The Maximum capacity for the area is 50 during stage 1 – 2 at 3 we will be increasing to 100, the Doug Insole Pavilion will be closed off to all other staff with staff encourage to continue to work from home and any other staff to use the Premier Suit or other EXEC Boxes at work stations.

# Cleaning

All areas to be used for training will be deep cleaned prior to the commencement of phase one. This should follow the gov guidelines of cleaning of non-medical sites.

(<https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>)

All areas in use will be cleaned daily by the clubs cleaning contractor to an agreed specification to meet the government's guidelines.

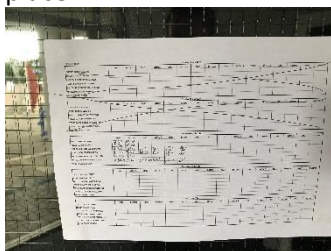
All equipment used during training will be cleaned after each individual has completed their use and to follow the ECB Guidelines around equipment use.

All cleaning staff will be wearing the appropriate PPE when undertaking cleaning and have undertaken the required training.

Specification for cleaning on a continuous basis through the training session

- Entrance to the Inner Zone the scanning hut and gate, possible touching points,
- Pavilion lower floor – ALL doors, both sets of Toilets, Women mainly for the training session, may room area and front doors and windows.
- Pavilion Upstairs – Stairs up to changing room and back door, shower area including all doors, changing room and Coaches office plus the physio room, Once games start will be changing rooms. Restaurant, marquee and CEO office.
- Steps down to ground – All barriers and possible touching points
- Box 1 – Isolation room so deep clean when used.
- Box 5 – Will be used as the Physio room so will need cleaning including the doors, plus the touching areas on the advert boards.
- ALL HAND SANITIZERS WILL NEED CLEANING
- Indoor centre – All doors, floors and changing areas, bowling machines if used.
- ALL GYM EQUIPMENT TOO
- Would be also good if the cleaners at the end of each session can clean the NET pols, L Frames and also other equipment we may use such as machines at the end of sessions.

Each of the key areas will have a signing sheet that will be completed to show the cleaning has taken place.



# Medical Plan

Working with the Head of Athlete Development and the Medical officer along with the Stadium Operations Director a full medical plan will be produced that ensures that an appropriate level of medical staffing is in place (at least one medical professional) within the Competition Venue to manage any injuries or illness and the demands of any COVID-19



symptom screening process. At least one first responder should be wearing appropriate PPE beside the field of play. A 'clear surfaces' policy to facilitate cleaning should be followed in treatment areas.

Medic 24 will provide a member of staff that will be on site for all sessions and also oversee the screening of temperatures for any person entering the inner zone. These will be recorded on the Cricket App.

## Physio Treatment Plan

This should be limited to an essential need only and the need for routine or maintenance therapy should be risk assessed on a case-by-case basis. Team/athlete medical staff must take precautions in keeping with the latest PHE advice such as the use of health care setting and athlete infection risk, appropriate PPE worn that is also influenced by the procedure or treatment being conducted at that time.

## Stewarding Plan

The club will adapt its current stewarding plan so that the screening process and accreditation system that defines the access control system for the Competition Venue and the zones that are implemented to limit crossover between User Groups. As recommended in the Stage 1 and Stage 2 guidance (for elite training centres) the Competition Venue should be divided into at least two zones by an outer and inner cordon. The outer cordon will usually be the site perimeter and should be a physically secure barrier monitored by security staff. The inner cordon should be secure and monitored and will generally include the Competition Venue buildings and field of play. The area inside the inner cordon is designated the 'green zone'. The area between the outer and inner cordon is designated the 'amber zone'. Areas outside the outer cordon are designated the 'red zone'. This can be adapted to best suit the requirements of the Competition – and where there is capacity to implement further zoning. However, the outcome should always be to maximise the opportunity to comply with Social Distancing requirements.

## Costing

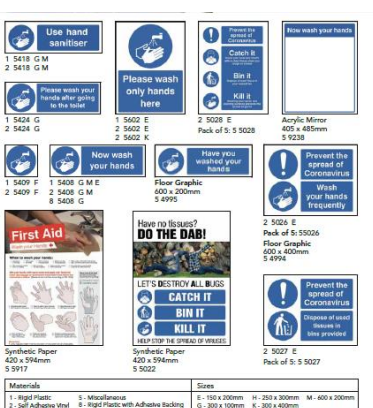
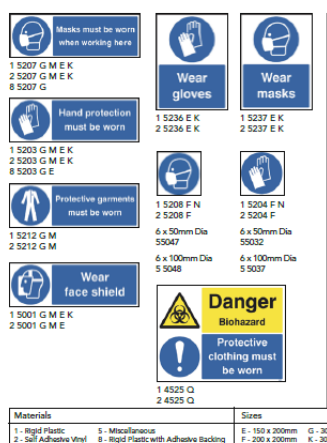
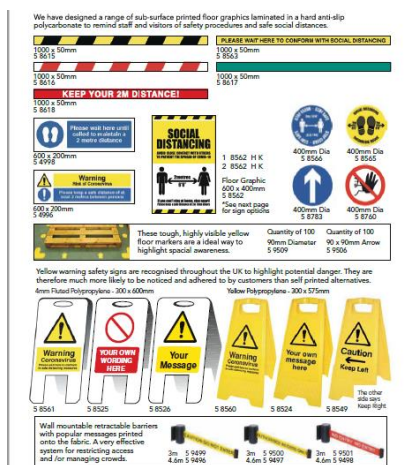
ITEMS	Chelmsford	Billericay
Reinforce Floor Pavilion	£600	N/A
Signage	£1000	£500
Stewarding	X3 £1540 a week	£375 a week
PPE Equipment	£500 every 3 weeks	£200 every 3 weeks
Medic Cover	£700 a week	£375 a week
Cleaning Contractor	£1000 a week	£150 a week
Extra Equipment	£1000 TBC	£1000 TBC
Extra Physio	TBC	TBC

The following signage will be required:

- Car Park Social Distancing signs, Parking Bays,
- Entrance and Exit to COVID19 ELITE training area,
- Do & Don't Rules
- Screening check point
- Isolation Room sign and Information,
- Arrows,
- Hand Sanitizer areas,
- Toilet Signs,
- Hand Washing information
- Closed off areas
- Social Distancing signs,
- Specific ZONE area signs,
- Cleaning reminder signs.

Working with the Stadium operations director, signs will be placed in key areas to remind all of direction as well as COVID 19 reminders around hand washing and social distancing.

Examples of signs that will be used are below;



## Ground Staff

The ground staff will be based in their shed & Hand sanitiser will be at all entry points, there will be a maximum of two ground staff permitted to use the shed & they will have designate areas.

Only the head groundsman will be able to use the groundsman social area/ office, the toilets will be open behind the scoreboard with a designated toilet to each member of staff, with cleaning to take place before and after each session. The undercover area next to spinners will become their rest area if poor weather the media centre can be used too.

The Head Coach will work with the Head Groundsman around scheduling to enable enough prep, rest and training to take place for the players as well as the groundstaff.

The Ground staff will set up the nets required for each session, wearing the appropriate PPE & will leave the field of play a minimum of 15 minutes before the session is due to begin. They will only re-enter the field of play if:

- Requested by a member of coaching staff due to a net or pitch issue
- If it begins to rain
- Upon completion of the session

Where possible each individual will use their own designated piece of machinery, where machinery is required to be shared, they will be wiped down pre & post use.

Appropriate PPE to be worn at all times.

## Insurance

Before undertaking any of the Phase 1 session it should be check that all insurance is in place to cover;

- Physio indemnity insurance
- Ground Public Liability Insurance
- Medical Indemnity insurance
- Coaches Indemnity insurance

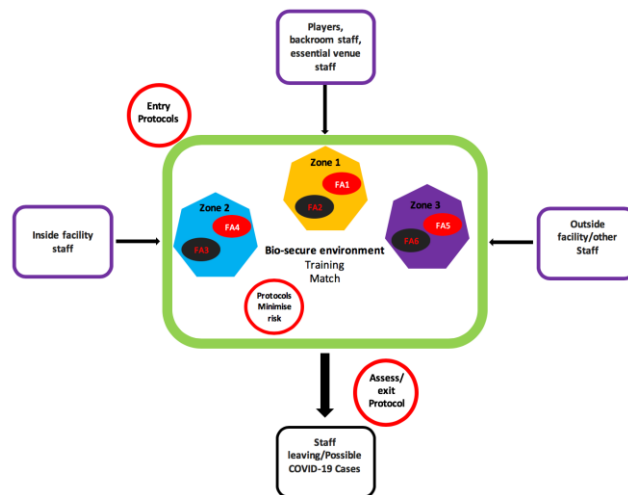
## ZONING OF GROUND

Within the above specific environments, we would use the concept of “zoning” to divide groups of people further into specific zones. On a match day, “the Match Bio-Secure Environment” will be divided into zones and individuals will remain in the same zones even in different Bio-Secure Environments (i.e. training and/or hotel):

## Functional Areas

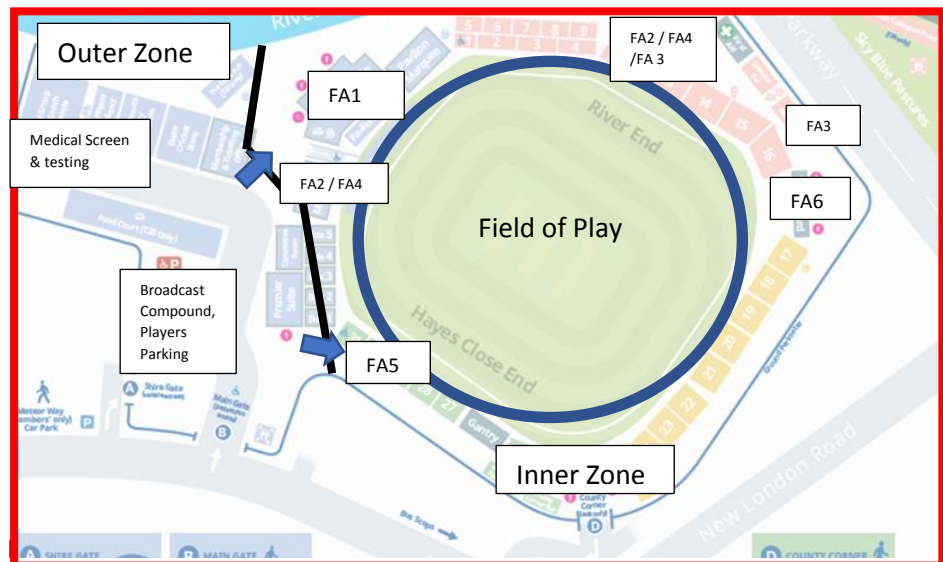
Within the zones we would divide the staff groups further into Functional Areas (FA), which are staff groups working together in smaller groups. The idea would be that staff would work within their FA and zones to minimise any unnecessary interaction between individuals within the Bio-Secure Environment, however still maintaining an effective operational level.

An example would be on a training day at a county venue (Training Bio-Secure Environment), the players, support staff and ground staff (zone), would be on the field of training but players and support staff (FA) would minimise/avoid contact with ground staff (separate FA) and would remain within their FA.



Zone	Definition
Inner Zone	All operational areas within the bowl.
Outer Zone	Area of venue footprint, within perimeter for staff not requiring access to inner Zone
Field of Play	Restricted access for operational purpose only
Functional Area	USE
FA1	Players, Support Staff
FA2	ECB Staff
FA3	Venue Staff
FA4	Commentators and Studio Crew
FA5	Production
FA6	Groundstaff





## Contact Clusters

Within a FA, groups of individuals could form contact clusters. A contact cluster is a group of individuals who agree to form an exclusive social pod. Everyone in it would still avoid anything but essential contact with outsiders, but within the circle of trust, they could relax. The aim of zones, FA, and contact clusters is to minimise the interactions an individual makes with others hence reducing the risk of transmission of COVID-19.

## Risk Reduction Process

Within the Bio-Secure model there would be specific risk reduction processes to screen entry, minimise spread of infection and strategies to manage/exit COVID-19 cases from the Bio-Secure Environments. This section details the risk reduction processes for playing cricket BCD where the priority would be player and staff safety.

This would be looked at in three sections:

1. General risk reduction principles
2. Zone specific risk reduction principles
3. Specific group risk reduction principles

### General Risk Reduction Principles

The general risk reduction principles would apply to all involved in BCD operations and to all environments of the Bio-Secure models.

Each organisation must identify essential staff (including players) required for any activity, be this training or match play. The public should not have access to the facility for any activities. In addition, each organisation and venue involved must risk assess their environment and associated processes as they ordinarily would. The general risk reduction principles are captured below;



### Zone Specific Risk Reduction

Within the Bio-Secure Environment a “zoning” principle will be applied both geographically (by zones) and by staff groups (Functional Areas) to further reduce interactions and hence reduce the risk of cross infection.

The following zone-specific risk reduction principles should occur within the Bio-Secure Environment:

- Staff would remain in the same zone, unless they have been advised differently by the medical manager.
- Within the zones, staff are to operate in smaller group Functional Areas (FA) e.g. ECB, Venue, Ground, Media and Broadcast.
- The players and immediate backroom staff should remain strictly within their group and minimise any contact outside their FA.
- Other staff will remain within their designated FA and Zone as much as possible within their work requirements.
- Alternative methods of communication should be considered and used if possible before staff cross between FAs and/or zones (e.g. telephone / video conference calls).
- Defined ‘One-way routes’ through the environment.
- Where there is a necessity for staff to cross between zones, time in the new working zone should be limited as much as possible.
- Contact clustering of staff within the same FA’s and Zones may be permitted within government guidance at the time.
- Regular review of numbers of staff within a zone to minimise staff numbers.

### Specific Group Risk Reduction principles

This section would deal with specific risk reduction principles within groups, activities and situations (e.g. players, bowling, match day). The principles would vary depending on the specific situation or activity and for that reason would be detailed in separate documents expected to be seen in ECB guidelines for Step 3.

# Transport Plan

The car park at the ground will be converted to provide space for social distancing between cars, all players, support staff and other key personal will be asked to travel in separate cars unless players or staff are from the same household.

Players and staff who identify that they will need to travel by public transport will need to work with the COVID Officer, COVID medical officer around a risk mitigation plan for their journey to and from the ground.

For the potential opportunity for away games, we will work with our Travel provider around a Social distancing travel plan information about the what the company have put in place can be found on the following links:

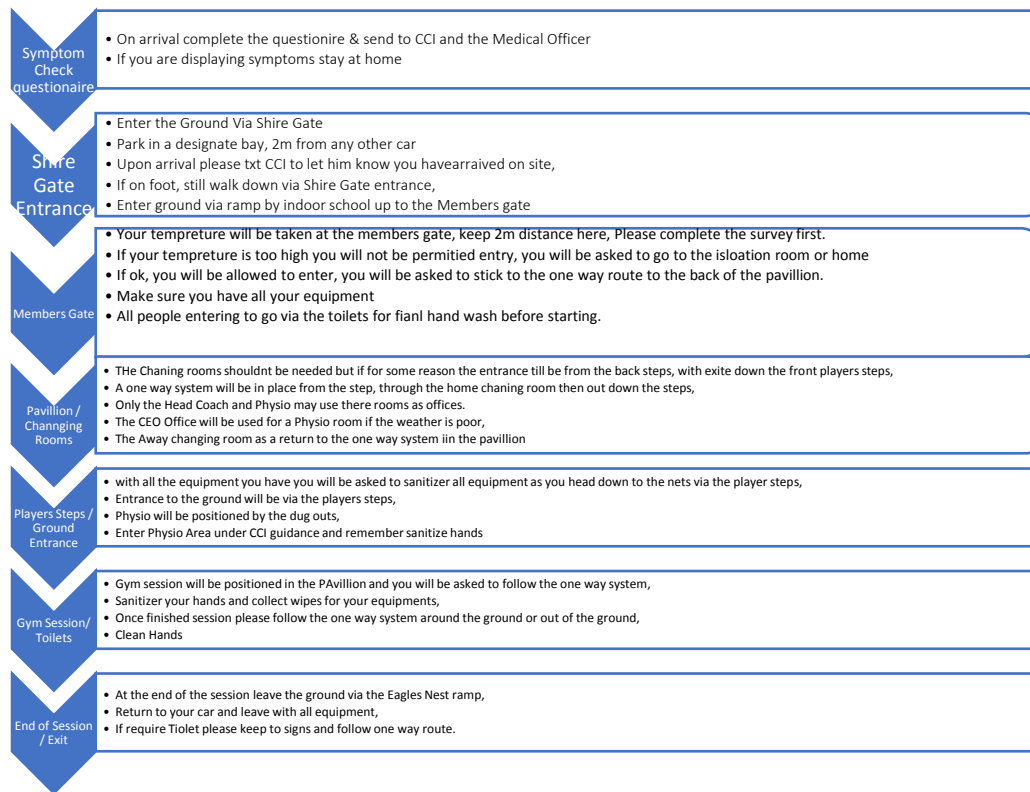
<https://greysofely.co.uk/covid-19>

<https://greysofely.co.uk/get-back-to-work-safely>



There will be a larger expectation on the use of individual cars, again education around social distancing, hygiene, driving recommendation eg, breaks, weight and car checks will take place. Key to make sure all players have the right insurance too and the car is up to date with relevant service and MOT too.

# Journey of a Player / Coach



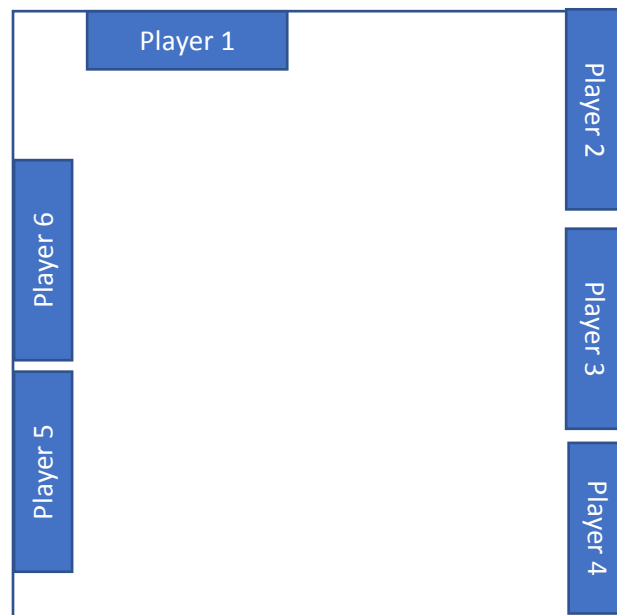
## Dressing room plan

The whole of the pavilion and the pavilion marquee will be handed over to the players and support staff, it is intended that the Away team will use the Pavilion Marquee with access to the toilets at the back of the pavilion (Mens) Essex will have access to the Home and Away Changing rooms along with the CEO office and players restaurant, along with access to the pavilion Women's toilets. Showers will be limited to Home (Changing Rooms) Away (Indoor Centre) Umpires will have access to a section of the Pavilion Marquee and the normal room for Toilet and Shower.

Players will be expected to arrive in training kit and be spaced out within the rooms to provide social distancing space between each player a lay out for this is shown below. Limited access to the Dressing rooms will be allowed during training and games with players asked to sit in front of the pavilion when watching or waiting again Social distance guidelines followed and marked out a form of shelter will be sourced to cover the members seat to protect the players.



The Home Dressing room plan to meet to the GOV 2m requirement can hold a max 6 players, with a 1m limit this would mean possibly 2 more players.



The Away dressing room plan to meet to the GOV 2m requirements can hold a max 5 players, with a 1m limit would mean possibly 2 more players.



If required during the game phase or training stage the following areas will also allow the following player numbers,

Pavilion Marquee - TBC  
CEO Office – 3 or 4 staff,  
Players restaurant – 6 players

# Ground Map



Signs for parking and COVID Area,  
Parking Bays separated by 2 Cars  
One-way sign and reminder about Social  
Distancing and Screening process



Sanitizer on side of building,  
COVID Signs,  
Reminder centre closed,  
Sign for Lane 1 entrance and Lane 2  
entrance.  
Sign to remind one-way system



Hand Sanitizer dispenser



Sanitizer on side of building,  
COVID Signs, Stop Sign  
Screening protocol,  
Reminder of agreement to procedure,  
Contacts listed



Sanitizer on side of building,  
COVID Signs, Stop Sign, in out sign  
Screening protocol, Screening hut, social  
distancing markers  
Reminder of agreement to procedure,  
protocol if signs of Covid  
Contacts listed, Medical disposal



Sanitizer on side of building,  
Arrows to show one-way system,  
Toilet sign, COVID washing signs  
Barrier to form one way out of ground



Sanitizer on side of building,  
Arrows to show one-way system,  
Toilet exit sign, COVID washing signs  
COVID AND ECB GUIDELINES SIGNS  
NET information for NTP  
Social distancing signs





Sanitizer on side of building,  
Arrows to show one-way system,  
No Entrance, EXCEP circumstance on players door  
COVID AND ECB GUIDELINES SIGNS  
Social distancing signs



#### THE SHEEP DIP

Arrows to show one-way system,  
FULL COVID / ECB GUIDLIENS  
Check list for training  
Hand Sanitizer, Medical wipes for kit  
FULL CHECKLIST BEFORE ENTERING THE GROUND, Board similar to West Ham set up



Physio Area  
Medical precautions in place  
Gazebo on the astro area  
Medical bin and hand sanitizer  
PPE Store  
COVID Guidelines on display



EXIT from training

One-way signs,

Hand Sanitizer, Hands reminder

Barrier to head towards car park

COVID Guidelines on display



Isolation Room – Entrance from front

Covid information

Medical provision and Clinical Waste

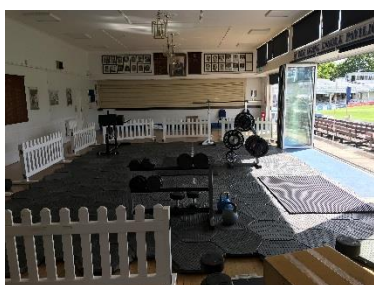
Hand Sanitizer

PPE Cover,

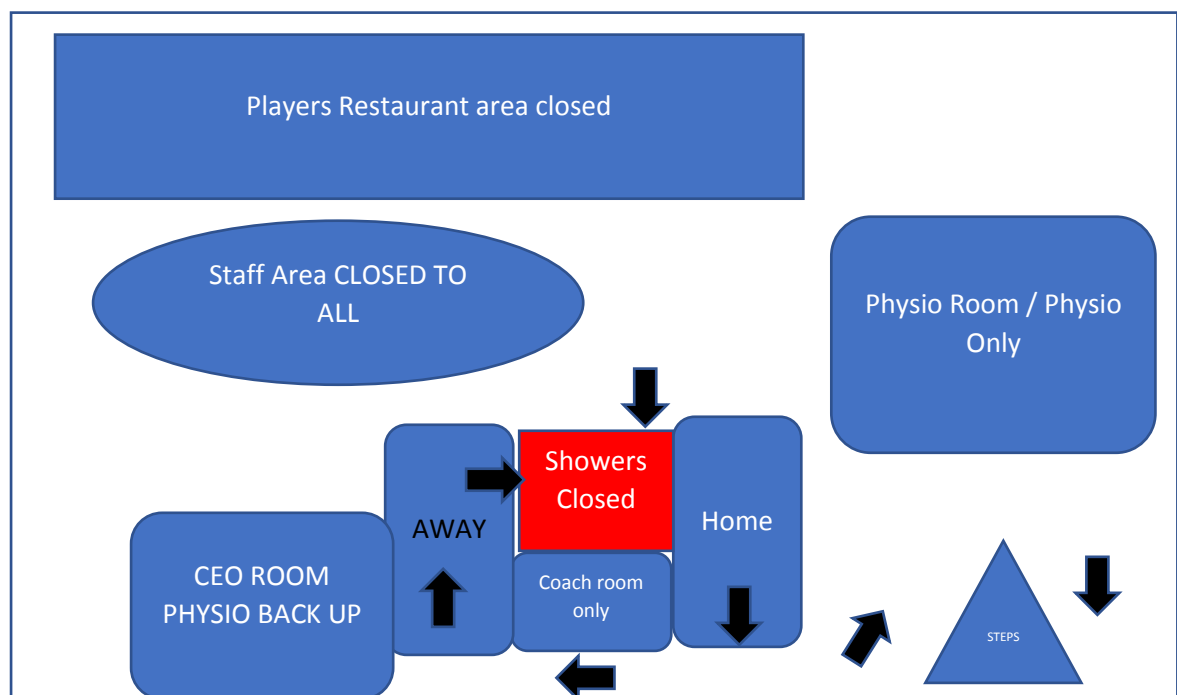
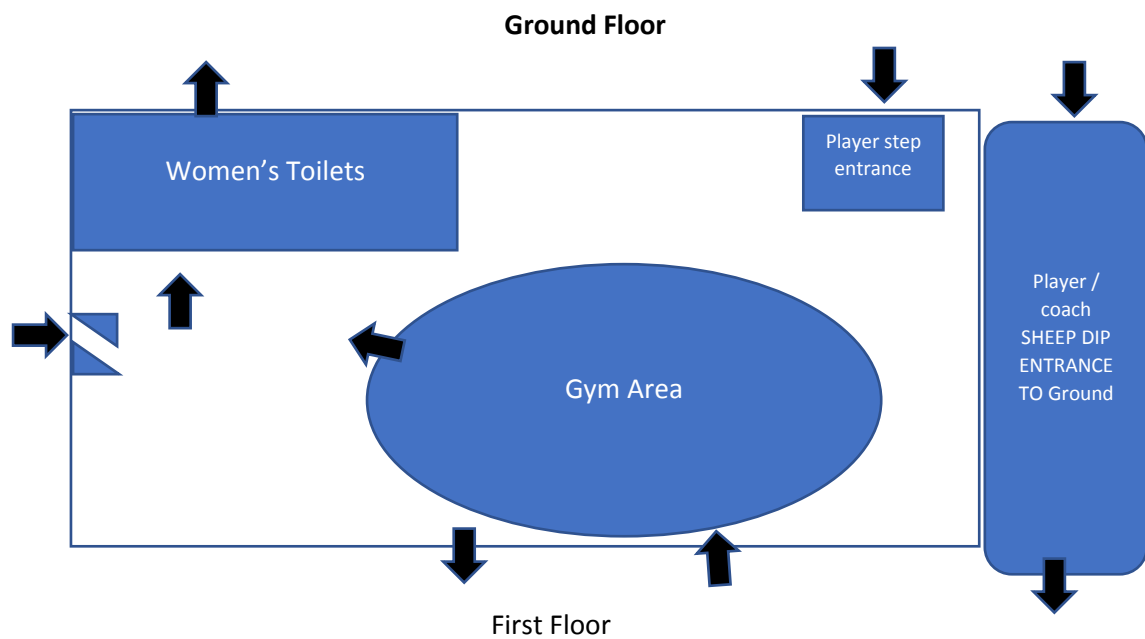


Gym area

Door to be wide open and cleaning to be ongoing with the equipment.

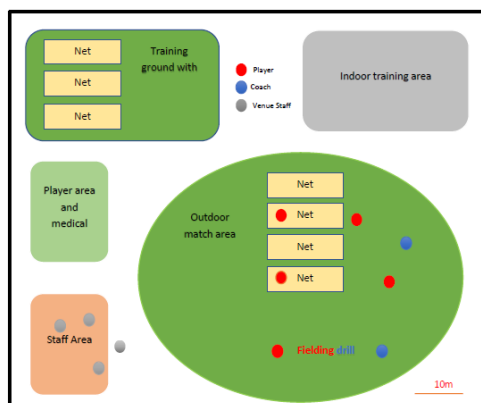


# Pavilion Map

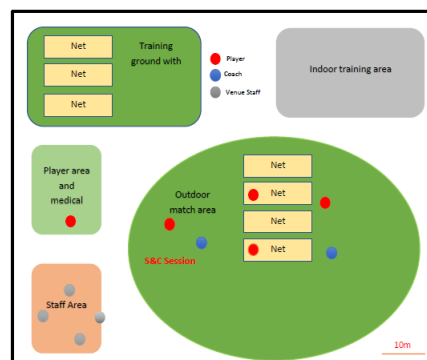


## STAGE 2 Training Diagram

**Example 1:** 2 batters facing bowlers. One player fielding. 2 coaches present



**Example 2:** One batter working with coach, one batter facing bowler, one player working with S&C on outfield, one player in gym.



## Examples of Group Training Scenarios

### Example 1: Batting Against a Bowler

All aspects of the risk reduction principles already outlined in this document must be in place at the venue.

- The cricket pitch measures 20.12m, which makes social distancing very straightforward for this common drill. Even taking in to account the batsman advancing forward and the bowlers follow through there would be at least 10 metres distance between the batsman and the bowler.
- “One skin on the ball only” principle would apply, where only the bowler touches the ball.
- If the ball is close to the batsman, the batsman may hit the ball back with his bat but would not handle the ball at any time.
- Once the bowler has finished bowling at the batsman, he would wash his hands thoroughly according to guidelines.
- A new bowler may bowl at the same batsman with his own allocated balls. Same principles as above apply.
- Equipment, such as stumps, would be sanitized after each batsman.
- The batsman should not touch the net.

#### Risk mitigation methods met in this training drill:

1. Significantly reduced risk of person to person contact: Always at least 10 metres social distancing.
  2. Significantly reduced risk of transmission through the ball: No ball sharing. Only the player that owns the balls touches them - “One skin on the ball only”.
  3. Significantly reduced risk of transmission through surfaces and equipment: All potential contact surfaces and equipment cleaned after each batsman.
- 20.12m

## Example 2: Multi-Player Group Training Session: Batting, Bowling and Fielding

All aspects of the risk reduction principles already outlined in this document must be in place at the venue.

- All group training will be primarily outdoors.
- One-way routes should be used to plan the training environment to maintain social

Distancing,

- A group of players (plus their coaches) are permitted to be present 'on site' at any given time.
- Training sessions will be planned to ensure that strict social distancing is always maintained, particularly where multiple players and staff are on site.
- This planning should be carried out locally, considering the facilities available and their layout.
- Where there are multiple nets, an 'out of use' net should be left in between active nets to maintain social distancing.
- The fielding drill would be with one player and one coach only:
  - a. "One skin on the ball only" will apply.
  - b. Coaches should use their own bat to hit catches one handed, wearing their own mitt on the other hand to catch and feed the hit.
  - c. Coaches should not directly touch balls.
  - d. Fielders should use their own balls.
  - e. Mitts should be cleaned with disinfectant or detergent wipes between fielders.
  - f. Coaches and players will wash their hands after the session.
- All contact surfaces should be cleaned after each batsman and training session.

**Risk mitigation methods met in this training drill:**

**On the 1<sup>st</sup> July we had it confirmed that double nets were ok with risk mitigation**

1. Significantly reduced risk of person to person contact: Always at least 2 metres social distancing and one-way systems used.
2. Significantly reduced risk of transmission through the ball i.e. no ball sharing. Only the player that owns the balls touches them - "One skin on ball only".
3. Significantly reduced risk of transmission through surfaces and equipment: All potential contact surfaces and equipment cleaned after each batsman.

## Strength and Conditioning

All aspects of the risk reduction principles already outlined in this document must be in place at the venue. This will incorporate both indoor strength and conditioning facilities and the use of outside private cricketing space. Ideally conditioning should be undertaken outside where possible and if indoor facilities are used, doors and windows are encouraged to be open to make the space as well ventilated as possible and social distancing must be maintained, There are no changes with regards to the Strength and Conditioning risk reduction principles outlined in the Step One document for Step Two other than multiple players are permitted 'on site' at any one time which therefore needs to be considered when making plans and carrying out risk assessments.

### **Warm Up**

- If conducting a group warm up, social distancing should be maintained at all times and care should be taken to avoid 'slip streaming'.
- Ball/object games where one or multiple balls/objects are shared between multiple players should not be played, including football.



- During warm ups individuals should ideally have their own equipment and equipment should not be shared. Where there is no alternative and equipment is used by multiple players (e.g. med balls), it must be cleaned between each player to the highest standard as stipulated by Government guidelines.

- Hands must be washed or sanitised after the warm up.

### **Gym**

- If conditioning can occur outdoors it should. Indoor gyms are considered by UK Government experts to be one of the highest risk training environments.
- Limited, essential indoor gym use as determined by the relevant Science and Medicine team is recommended. An example of essential gym use would be using a specific piece of equipment only available in the gym and required for an essential reason e.g. rehabilitation.
- If an indoor gym environment is risk assessed, and is large enough and well ventilated, more than one player could be training in the environment at any one time.
- If the indoor gym is used, social distancing should be maintained between all individuals present, including the player, or players, and any staff members.
- The indoor gym should have good ventilation and doors and windows are encouraged to be open.
- Hand hygiene is important before and after equipment use, whether the exercise is performed indoors or out, therefore hand sanitiser and/or soap and water must be available.
- Hand touch sites should be identified and cleaned on a regular basis.
- All equipment used must be disinfected after each individual use.
- Players and staff should wear face coverings if considered necessary after assessing the environmental risk, including ventilation and ability to maintain social distancing.
- Coaches are not recommended to offer 'hands on' coaching as this is unlikely to be essential, except in some rehabilitation situations.
- The gym should be decluttered to ensure it is easy to clean.

### **Outdoor S&C Group Training**

Multiple players can train outdoors simultaneously provided the following principles are adhered to:

Strict social distancing should always be maintained.

- Any equipment used must be fully disinfected after each individual use.
- Individuals should not run in each other's 'slip stream'.

### **Body Composition Testing**

Body composition testing would be deemed non-essential and so should not be undertaken at this stage.

### **Other Physical Testing (YoYo, 2k, Speed Etc)**

- These should be performed outdoors where possible.
- Multiple players can be YoYo and Speed tested at the same time.
- Only an Individual player should undergo the '2K' time trial to avoid transmission via 'slip streaming'.
- Social distancing should be maintained throughout.
- If performed indoors ensure good ventilation and risk assess numbers.
- All equipment should be disinfected at the end of testing each player (and before testing another player).

### **Supplement Use**

If supplements are used after training then players are responsible for bringing the supplements, shaker etc. from home. These return home with them afterwards.

## Indoor Centre

The indoor centre will predominately be closed for all sessions, if need then the maximum number people in the centre will be 4.

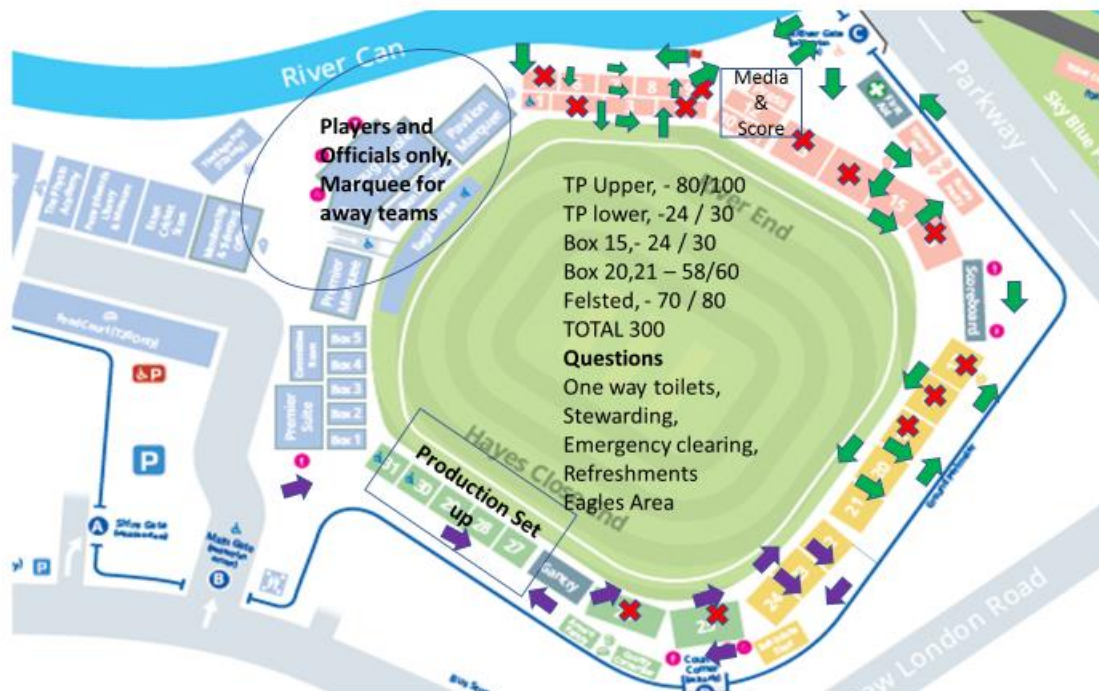
As with outdoors all equipment must be cleaned before and after each session and individual.

Only Lane 1 and 5 will be used if 4 people in the centre, with the player / Coach for Lane 1 to enter from the front of the Indoor centre, the Player and coach for lane 5 will use the fire exit next to the net.

Between each session there will be a 15min break for change over or cleaning.

All doors must be open during the session and the coaches and the players are required to keep social distancing guidelines and appropriate PPE cover.

## Spectator Map



The ground comes under the guidance of the supervision of the Essex Trading Standards Officer Laura Sutherland, Graham Childs is in constant dialogue with Laura, at the start of June 2020 the ETS team sent round the SGSA Guidance on hosting non-spectator sport with in this guidance.

*“This guidance offers advice and direction to local authorities and stakeholders in respect of any proposal to host sporting events with no spectators during the current COVID-19 pandemic restrictions.”*

### **Definition**

2. For the purpose of this guidance “no spectators” is intended to mean the hosting of sporting events without admission to the general public.

3. It would however be anticipated that those admitted to the sports ground may include:

- Sporting participants.
- Participants management and support staff.
- Game officials and assistants.
- Essential employees of the sports ground, for example safety management and facilities management teams, ground staff and catering.
- Employees of blue light services but only where deemed to be essential to the safe running of the event.
- Accredited media staff, including TV, radio, press, photographers.
- Public bodies including the local authority and the SGSA with relevant legislative powers to enter the sports ground for the purposes of ensuring compliance with sports grounds and health and safety legislation, and Government and sport governing bodies protocols in relation to COVID-19.

- *Representatives of the competition organiser, competition venue operator and elite sport organisations charged with responsibilities for ensuring venue and participant compliance with Government and sport governing bodies protocols in relation to COVID-19.*

*4. Those to be admitted should be issued with official accreditation specific to permitted access areas and limited to individual events.*

*5. For the purpose of this guidance 'Certifying Authority' means the local authority responsible for issuing a General Safety Certificate under the Safety of Sports Grounds Act 1975 or the Fire Safety and Safety of Places of Sport Act 1987. Where the term 'local authority' is used instead this refers to the local government body responsible for enforcing the function being described, and in some areas of England this may not be the same organisation as the certifying authority.* SPGSA – Guidance 4<sup>th</sup> June 2020 Version 2

Graham is working with Laura team and they have been updated on our COVID plan as we are under 10,000 spectators we come under the General Safety Certificate, The TOM PEARCE stand is our only regulated stand and under LA jurisdiction all information on this stand is up to date with the Local Authority.

## Billericay

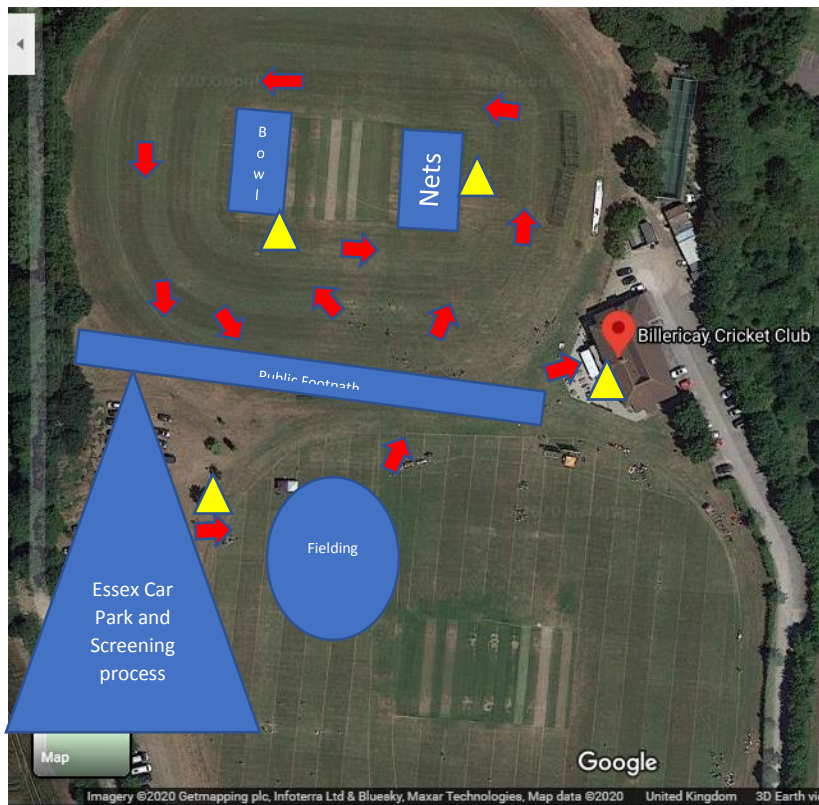
Likely to be used for small group activation and the return to activation of the Academy, Women's squads too. The Ground will follow and come under the guidance of the Essex Cricket COVID 19 plan when allocated to Essex training. This will work alongside the Billericay Cricket Club COVID 19 plan.

Once dates and time of Essex booking are agreed with Billericay Cricket club then all other club bookings from Billericay will be potentially made unavailable as the site will transfer to the COVID 19 plan as set out in the Essex Cricket Risk Mitigation and Assessment plan. This will be reviewed and if it seen to be possible that the NTP nets can still work for club members around the Essex Sessions this will be explored, and a Risk Mitigation plan put in place.

Using the ECB guidelines around practices as shown in the document a clear plan will be put in place around the venue for clear social distancing and training areas. That will consider the requirement of the net preparation and maintenance of the ground too.

Before and after any Essex Cricket booking the ground must be deep clean and sterile for an hour before any activation can take place via Billericay Cricket Club. Essex Cricket will provide all PPE and Hand Sanitizer for ground staff and Essex Staff and Players while on site at Billericay.

The lay out below will show how the club will be used on an Essex training day, the pavilion lay out may be slightly changed when reviewed to look at decreasing the touching points and access to the pavilion.



Pavilion Lay out to be explored for limited touch points.

Stewarding will be needed for the site at the Gate, Pavilion and to oversee the public path.

Also, Medic 24 member of staff required to oversee the screening and support delivery



Entrance to the ground would via the bottom car park entrance with a steward controlling who enters the ground and a Medic for screening of players, if required. Players will then go off to their dedicated training zones. A clear sign process around the available facilities will be need along with hand sanitizers too.



The top field will be mainly used for fielding and it is on this field that notice will need to be made around the public footpath that goes through the site.





The public footpath goes between the two grounds the club have found a good way to signal the path and keep people away from other areas of the site, this will be overseen by the steward too. Signs will be needed to remind people too.



The net area and the training area will be allocated within the ECB Guidelines and a clear one-way system used. A clear process will be needed around the use of the NTP and other parts of the field by the club, this could be the bottom car park being used for parking by club members.

## Possible plan for July return to training.

JULY 2020						
Return to Training						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29th	30th	1	2	3	4
	BOWLING Groups MAX 3 Players	PHASE 1 BATTING, MAX 3 Players	PHASE 3 MAX 6 Players	PHASE 2 MAX 6 Players		
5	6	7	8	9	10	11
	Phase 1 Max 12 Players	Phase 1 Max 12 Players	Phase 2 Max 12 Players	Phase 2 Max 12 Players		
12	13	14	15	16	17	18
	Phase 2 / 3 Max TBC	Phase 2 / 3 Max TBC	Phase 2 / 3 TBC	Phase 2 / 3 TBC		
19	20	21	22	23	24	25
	Phase 2 / 3 Poss Full Squad	Phase 2 / 3 Poss Full Squad	Phase 2 / 3 Poss Full Squad	Phase 2 / 3 Poss Full Squad		
26	27	28	29	30	31	1st
	Possible Game	Possible Game	Possible Game			Possible Game

## Reference – Somerset County Cricket Club

Kelsey Mitchell

Grounds Operations Manager 10<sup>th</sup> June 2020

Overall phase 1 & 2 have gone really well so far, we have had to make some small adjustments around how things are set up to remove the temptation for players to break social distancing. This has also been the main feedback from the coaches is the lads get comfortable & forget about social distancing the longer the sessions go on so they have to keep reminding them. The first couple of sessions in both phases we have definitely had to hand hold a little to get the lads into a routine but post this they have been great.

We have had an added complication this week as we now have a drive thru testing centre in one of our car parks so we have had to seek guidance on what happens if a ball enters this space & how we deal with it & sanitise it.

I think the most beneficial stuff we have done has been around the education, this was key to getting the lads into a new routine. We undertook a formal briefing session for phase 1 & brought everyone into the Ground so they could see it set up in an informal environment where they could ask questions & walk the routes without the pressure of the training environment. My main observation of the players from phase 1 was they learnt by doing, therefore, phase 2 was a combination of a 15 zoom call with the coaches only & a zoom call with the players only (probably 15 minutes each) where we covered key points & to support this in the final session of phase 1 the coaches took each player through any changes to expect in phase 2.

Best advice I can give is don't be afraid to use your judgement on things, at the start of phase 1 I was very black & white in following the guidance when actually use your common sense & weigh up what is the actual risk of something. For example I wouldn't let the coaches store anything on site I made them store everything in their vehicles, I quickly realised this was unnecessary, we could accommodate equipment storage in the entrance to one of the Pavilions & the risk was minimal.

## Reference West Ham v Crystal Palace, 13<sup>th</sup> June London Stadium,

Chris worked along side Medics 24 during the final warm up game for West Ham v Crystal Palace at the London Stadium. Chris and Medics observations are listed below.

