

# Team Psychologist – Essex Women

Reporting to: Performance Director

Expected Salary: Competitive, dependent on experience Contract: Minimum one year, subject to extension Hour of Work: 60-70 days per year (most Wednesdays throughout the Winter, with monthly 4-5 day blocks during the Summer) Closing Date: Sunday 08 December 2024

Location: Chelmsford, Essex

## Personal Specification

A fantastic opportunity to create, implement and lead on the applied psychology provision for the professional Essex Women's team.

### Essential

- Undergraduate degree in psychology, sports psychology, or a related field of study.
- HCPC-registered or in the process of completing BASES / BPS accredited training routes.
- Demonstrable experience in professional sport.
- Strong knowledge of the demands specific to women's sport, particularly cricket.
- DBS-Enhanced Check.

## Key skills and capabilities

- Experience in leading and delivering psychology programmes in elite/professional programme players/athletes and staff.
- Strong understanding of psychology, wellbeing and player development.
- Strong experience in the development of psychological assessment in elite/professional programme players/athletes.
- Advanced written and verbal communication skills, with the ability to work with staff at a senior leadership level.

# **FLY LIKE AN EAGLE**

ESSEX CRICKET THE CLOUD COUNTY GROUND, NEW WRITTLE STREET, CHELMSFORD, ESSEX, CM2 0PG



#### **Main Duties:**

- Develop adaptable, brave and committed cricketers who go after their goals, look after their psychological health, bounce back from adversity and put their team first.
- Provide 1-1, group and system level support to the women's cricket team using evidencebased psychology.
- Deliver team psychology sessions which align with the demands of the game and the playing style driven by players and coaching staff.
- Support coaches' psychological skills and their capacity to develop such skills in players, focusing on practice design, instruction, and feedback.
- Work alongside the men's team psychologist and wider Health & Wellbeing Group on referral pathways, ensuring a robust process is in place to support those experiencing more clinical concerns.
- MDT work alongside S&C, analysis and physiotherapy teams, holistically supporting player development, particularly with those returning to perform.
- Ensure implementation of the club's health & safety, safeguarding, welfare and equality policies to create a safe working environment for all.
- Advanced written and verbal communication skills, with the ability to work with staff at a senior leadership level.
- Impactful and influential leadership skills, to ensure that psychological practice is embedded into our ways of working.





Essex Cricket is committed to safeguarding and protecting the children and young people that we work with. As such, all posts are subject to a safer recruitment process, including the disclosure of criminal records and vetting checks. We ensure that we have a range of policies and procedures in place which promote safeguarding and safer working practice across our services.

Essex Cricket will ensure that all existing and potential employees receive equal consideration and is committed to the elimination of unlawful or unfair discrimination on the grounds of age, gender, gender reassignment, marital or civil partner status, disability, race, colour, ethnic or national origin, religion/belief or sexual orientation.

This role profile is not exhaustive; it will be subject to periodic review and may be amended to meet the changing needs of the business. The post holder will be expected to participate in this process, and we would aim to reach agreement to the changes.

To apply please complete the Essex Cricket application form supplied and return to <u>vacancies@essexcricket.org.uk</u>.

Closing date for applications is Sunday 08 December 2024.

All applications will be reviewed once received and interviews will be held on a rolling basis for any candidates with the relevant qualifications, experience and right to work.

Essex Cricket reserve the right to close the application process prior to the advertised closing date should a suitable candidate be identified.

